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STOP TB BEFORE IT STARTS

CONTACT INVESTIGATION & TB PREVENTIVE TREATMENT
CAPACITY BUILDING

"Beating TB at the Root: Empowering Communities, Protecting Families."





EMPOWERING THE COMMUNITY

SCALING UP CONTACT INVESTIGATION AND TB PREVENTIVE
TREATMENT THROUGH CAPACITY BUILDING

THE CHALLENGE WE CANNOT IGNORE

Despite decades of progress, tuberculosis (TB) remains one of the world's top infectious killers, not because we lack effective treatments, but because too many cases of TB infection remain hidden, undiagnosed, and untreated. Every undetected TB infection silently sustains a chain of transmission that can last for years, fueling new active TB cases and undoing hard-won public health gains.

Proven tools such as Contact Investigation (CI), TB infection screening, and TB Preventive Treatment (TPT) can break this chain, but only if they are implemented effectively at scale. Unfortunately, many local programs struggle due to:

- A shortage of well-trained health personnel.
- Gaps in technical expertise and confidence in applying protocols.
- Overburdened health workers with limited support.
- Persistent stigma and fear surrounding TB.

If these barriers remain unaddressed, we risk losing momentum in the fight to end TB.



OUR SOLUTION:

A STRATEGIC, LAYERED CAPACITY BUILDING INITIATIVE

We believe the solution is not simply more resources — but smarter, deeper investments in people.

Our Three-Level Capacity Building Program is designed to systematically empower every layer of the TB response system with the knowledge, hands-on skills, and confidence to detect, prevent, and interrupt TB transmission at its source.

By building local ownership, technical competence, and community engagement, we can transform TB control into proactive TB elimination.



OUR GOALS

- Build a confident, technically skilled, multi-tiered TB workforce.
- Expand early detection of TB infections and ensure prompt preventive care.
- Strengthen surveillance, reduce stigma, and foster patient-centered care.
- Align local actions with national guidelines and WHO End TB Strategy for sustainable, scalable impact.
- Strengthen the recording and reporting of TB infection.

INNOVATIVE TRAINING APPROACH

We move beyond passive lectures and empower participants through dynamic, adult learning strategies:



Interactive didactic sessions featuring the use of innovative tools



Video demonstrations of key clinical skills



Live TST demonstrations with return demonstrations for skill validation



Case-based exercises to sharpen clinical decision-making



Peer-to-peer learning through plenary discussions

THE 3 TARGETED TRAINING MODULES

Module 1:

Medical Professionals (Doctors, Nurses, Midwives)

Duration: 4 days / 3 nights

- Comprehensive training on CI protocols, proper administration and interpretation of TST, and safe initiation of TPT aligned with national guidelines
- Builds clinical leadership and technical proficiency to implement TB prevention efforts at the community level.



Module 2:

Barangay Health Workers (BHWs) & Nutrition Scholars

Duration: 3 days / 2 nights

- Hands-on training for household-level contact investigation, engaging families, identifying close contacts, and supporting patient care.
- Strengthens grassroots surveillance, family-centered counseling, and patient adherence.



Module 3:

Community-Based Organizations (CBOs)

Duration: 3 days / 2 nights

- Hands-on training for household-level contact investigation, engaging families, identifying close contacts, and supporting patient care.
- Equips local organizations to mobilize communities, reduce stigma, promote TB education, and reinforce adherence.
- Builds a network of empowered community champions advocating for TB prevention.



PROVEN IMPACT: A MODEL IN ACTION

CFI piloted a model that engaged Community-Based Organizations (CBOs) to improve TPT uptake in Rodriguez, Rizal. Complementing this intervention, CFI conducted an implementation research study to assess the model's effectiveness in relation to the profile of RHU staff and CBOs, enhanced case finding, and treatment success rates. The study confirmed that community-based strategies strengthen national TB prevention efforts. Strengthening partnerships with CBOs significantly increased TPT coverage, access, and adherence, helping close prevention gaps in high-burden areas such as Rodriguez, Rizal.

Through the Oplan Manunuyod Project, Culion Foundation, Inc. successfully invested in the training and deployment of Community-Based Organization members, known as Community Navigators, in Rodriguez, Rizal.

These Community Navigators, stationed in RHUs 1, 2, and 3, have significantly increased TB Preventive Treatment initiation and completion rates. Their work directly demonstrates how empowered

community members can:

- Identify household contacts rapidly.
- Facilitate timely CI, tuberculin skin testing (TST), and TPT initiation.
- Support treatment adherence through focused and purposive communication and engagement.
- Actively reduce stigma by serving as trusted community liaisons.

The results have validated our approach: with the right capacity building, frontline workers become true frontline protectors.





By strengthening strategies for TPT and enhancing TPT uptake, we can help prevent the rise of active TB disease. This approach reduces the pool of individuals at risk of progressing to active TB, thereby contributing to the overall reduction of TB transmission within communities.

THE EXPECTED IMPACT OF YOUR SUPPORT

- ✓ Higher detection rates of TB infection
- ✓ Expanded coverage and completion of TB Preventive Treatment
- ✓ Reduced progression to active TB and decreased transmission
- ✓ Empowered local health systems capable of addressing broader public health threats
- ✓ Sustainable, community-driven solutions with long-lasting health and economic benefits

WHY YOUR PARTNERSHIP MATTERS

Your investment will not only save lives — it will build resilient, self-sustaining health systems ready to confront both TB and other emerging infectious. You will be:

- Empowering healthcare providers and grassroots workers.
- Protecting high-risk populations, especially the most vulnerable.
- Aligning with global and national TB elimination targets.
- Leveraging a cost-effective, scalable model for maximum long-term impact.

CALL TO ACTION: Join Us in Stopping TB Before It Starts

By partnering with us, you are investing in people, communities, and the promise of a TB-free future.

Together, we can stop TB before it takes root.
Together, we can end TB — one trained health worker at a time.



FOR MORE INFORMATION

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